Behavioral Health Providers available in San Juan County during COVID 19
Be sure to LIKE San Juan County New Mexico Mental Health Task Force on FACEBOOK for updates
Also Find on San Juan Safe Communities Initiative website on the MHTG page

Updated 04/27/2020 at 2:30 pm

NEW MEXICO CRISIS HOTLINE
Crisis and Access Line 1-800-662-7474

NEW MEXICO PEER TO PEER WARMLINE
1-855-4NM-7100
Peer to Peer Warm Line call or text to connect with a Peer 1-855-466-7100

COMMUNICATION BARRIERS
Relay New Mexico RelayNM.org
Dial 711 or one of the toll-free numbers below:
Communication services for hearing impaired, blind, deaf-blind, and Spanish.
TTY (Text Telephone) 800-659-8331
Voice: 800-659-1779
VCO (Voice Carry Over) 877-659-4174
STS (Speech-to-Speech) 888-659-3952
Spanish Relay: 800-327-1857

FOOD BOXES
First Presbyterian Church
865 North Dustin, Farmington
Food boxes are available Monday – Thursday 9:00 am to 1:00 pm

Frontline Mission
129 North Behrend, Farmington - 505-564-3740
Mon, Wed, Friday 8:00 am to 11:00 am
Bring NM ID or some form of ID.
Please bring your own box or container if available

The Lord’s Food Pantry – Oasis Ministries
505-325-1757
DRIVE UP – Please Stay In Vehicle
1601 N. Dustin #B, Farmington
Thursday only from 4:30pm to 6:30pm

Catholic Charities
119 W. Broadway Ave, Farmington - 505-325-3734
Wednesdays only 10:30 am to 12:30 pm
ENDS APRIL 30th.

LOCAL COUNSELING SERVICES
Angel Peak Counseling (505)-330-8220 Monday - Thursday 11:00am to 6:00pm
Taking new clients: Yes
Services they currently offer: Telehealth and in-person crisis assessment
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Cottonwood Clinical Services, Inc. 505-564-3733 Monday-Friday 9:00 am – 6:00 pm
653 W. Arrington, Farmington
Services: Adult/Adolescent Behavioral Health & Addiction Services to include; Assessment, Group, Individual, IOP (Intensive Outpatient), CCS, Anger Management & MRT.
ALL Services being provided by telehealth (ZOOM/TELEPHONE) including intakes.
Taking New Clients: Yes
Medicaid/Commercial Insurance/Contracts/BHSD/Cash

ATB Behavioral Health Services, (505) 947-9990 Monday - Friday 8:00am – 5:00pm
Taking new clients: Yes, 4 clinicians
Services they currently offer: Telehealth, virtual EMDR, Teleplay therapy, Art therapy Virtually

Blue Cross Blue Shield Medicaid Justice Program Jack_Bixler@bcbsnm.com
Continuing to work with clients to get them into services as they are notified of their release from San Juan County Adult Detention Center.

Presbyterian Medical Services (PMS) (505) 325-0238 Call for apt or before coming in.
New clients accepted.
Services currently offered-Medical services-screening and separating. Drive-up pharmacy.
Behavioral health services, telephonic counseling and assistance, zoom groups, open for assessments using social distancing. On call crisis therapist-Monday-Friday, 7am-6pm. CCSS by phone for pick-up and delivery of needs. PSR is open.

San Juan Health Partners Behavioral Health Clinic 505-609-6680
Open M-F, 8:00 AM to 5:00 AM
Psychiatry: Evaluation, medication management by Zoom or telephone, taking new appointments
Psychotherapy: Counseling for children and adults by Zoom or telephone, taking new appointments

Desert View Family Counseling- Rick Quevedo
Crisis # 505-947-4471 Office # 505-326-7878 Monday-Thursday offering telephonic, zoom, google duo, facetime and google hangout (which an approved app the kids have on their school laptop) We are taking new clients. All groups are suspended at this time. Supervised visits, in home services, truancy court and wraparound will be done by any of the video apps listed above.

Jasper and Associates
Schedule appointments by phone, fax, or email.
(505) 326-0241 Phone
(505) 325-8356 Fax
frontdesk@jasperandassociates.org email
2901 E. 20th St. Suite 104, Farmington
We are offering sessions via Zoom, Skype and telephone. We accept most major insurance companies and our self-pay rate is $130/session.

Manz & Stacey Coaching & Counseling
832-630-3022
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3510 Messina Dr, Farmington
Jean and Charles are available to help those experiencing a difficult time during the COVID-19 Stay at Home Order. Offering individual and couples counseling as well as support for therapists. Schedule an appointment through the website for video counseling sessions.
counselingfarmingtonnm.com

SEXUAL ASSAULT AND COUNSELING SERVICES
Sexual Assault Services of Northwest New Mexico
622 W. Maple Suite F., Farmington, NM 87401
Office: (505) 325-2805, Fax: (505) 326-2557
Crisis Hotline: (505) 326-4700 or Toll Free: 1-866-908-4700
Advocates respond to Sexual Assault Crisis calls 24-7 and help set up Sexual Assault Forensic Exams
Office Hours: 8:00 am to 5:00 pm
Taking new clients.
Therapists are currently working from a Therapy waiting list; we are taking referrals for therapy and placing people on the waiting list (we provide information for other options while they are on our therapy waiting list). Therapist also provide crisis stabilization appointments for clients who have experienced sexual assault or are waiting on the therapy waiting list. Due to COVID, our therapists are working from home and providing tele-therapy to all clients.
All services are provided free of charge.

DOMESTIC VIOLENCE SERVICES
Family Crisis Center (505)325-3549  M-Thurs 8am-9pm
208 E. Apache, Farmington
New clients accepted for counseling and for shelter. Call for an appointment for counseling or shelter
Hotline-(505)564-9192

LOCAL PEER SUPPORT
San Juan Peer Support (San Juan Safe Communities Initiative)
Cindy Collyer  Certified Peer Support Specialist  (575)758-9523
General conversational support for anyone recovering from or wishing to recover from Substance abuse and mental health issues. No charge.

TREATMENT SERVICES
Total Behavioral Health (505)564-4804
Sobering Center (505)609-3520
1615 Ojo Court, Farmington.
Out-client: Still offering the full range of services, although, we are trying to shift most therapy sessions to telephonic. We are screening for symptoms as people enter the building. No more than 4 people in the lobby at any given time. Groups are still being conducted.
Sobering Center: People are being screened as they enter the building. The Sobering Center is still operating as usual.
JJP: Relatives are confined to campus and all groups are being conducted in the dorm.

Four Winds Treatment Facility (505)327-7218
Monday – Thursday 8:00 am – 4:00 pm
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Friday 8:00 am – 3:00 pm
1313 Mission, Ave, Farmington
Front doors are currently locked and monitored during business hours. Knock and wait until someone greets you.
Services: Currently offering inpatient substance abuse treatment. Open and accepting new clients. All new clients are screened before joining groups or other clients. Family Day, visiting, IOP, and OP are temporarily suspended until further notice.

Ideal Option
Services: Low-barrier access to medication assisted treatment for substance use disorders. Appointments available virtually. Medicaid, Medicare, Tricare, and all major insurance plans accepted.
For appointments, go to www.idealoption.com/virtual Or call 575-567-3026
Hours: 7am to 7pm
Website: www.idealoption.com
Taking New Clients: Yes

STUDENT SERVICES
Aztec Schools  Glynnis Maes (505)419-9926  cell (575)312-9724
Outreach to students in need via Telehealth and Zoom. Will soon set times for phone meetings with parents. Pushing out resources.

Farmington Municipal Schools  Debbie Murphy (505)609-0526
Outreach to students in need via Telehealth and Zoom.

OTHER SERVICES
San Juan County Health Dept  (505) 327-4461
Family Planning, Harm Reduction, WIC services by appointment only. Covid-19 testing by referral and screening/appointment only.

INMATE SERVICES
San Juan County Adult Detention Center  (505) 566-4500
Wellpath Mental Health Coordinator
Gretchen Potter gapotter@wellpath.us

ONLINE RESOURCES AND SERVICES
1. All Recovery Meetings:
https://unityrecovery.org/digital-recovery-meetings

2. Variety of meetings:  https://www.intherooms.com/home/

3. Women for Sobriety: https://wfsonline.org/

4. SMART Recovery:
https://www.smartrecovery.org/community/calendar.php

5. LIFERING: https://www.lifering.org/online-meetings
6. Recovery Dharma: https://recoverydharma.online/


8. 12 step https://www.12step.org/social/online-meetings/

9. Eating disorder anonymous
   http://eatingdisordersanonymous.org/phone-zoom-meetings/

10. Specialized Intergroups
    https://aa-intergroup.org/directory_audio-video.php

11. Secular AA
    https://secularaa.org/online-meetings/

12. Al-Anon
    https://al-anon.org/al-anon-meetings/electronic-meetings/

13. Adult Children of Alcoholics (or dysfunctional families)
    https://adultchildren.org/quick-search/?onlinebt=Click+Here

14. Narcotics Anonymous
    https://fourcourners.riograndena.org/?current-meeting-list

15. District 8 AA Hotline 505-327-0731
    https://s818275959.websitebuilder.online/

16. Depression support
    https://www.healthcentral.com/slideshow/things-i-do-every-day-to-beat-depression